

Start the test



Task 1

Imagine that you are preparing a project with your friend. You have found some interesting material for the presentation and you want to read this text to your friend. You have 1.5 minutes to read the text silently, then be ready to read it out aloud. You will not have more than 1.5 minutes to read it.

Physical activity is an essential part of people's development. Exercising as little as 30 minutes a day can greatly improve your health. Exercise makes us strong, fast, patient and disciplined. Regular physical activity is important for our overall health and well-being. Physical exercise strengthens the immune system, improves mental health and helps prevent such diseases as heart and cardiovascular disease, diabetes and obesity.

Regular exercise can help improve your mood, reduce the risk of chronic disease, increase energy levels and even improve sleep. Exercise causes endorphins to be released in the brain. Endorphins are chemicals produced by your body that reduce pain and can make you feel happier.

That is why exercise is the best remedy for depression and stress. Exercise also increases the flow of oxygen to the brain and improves mental clarity and memory.

If your goal is to increase your life span and to have good health, you should lead a healthy lifestyle.

Read aloud



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Task 2. Study the advertisement.

You would like to go to the **theatre with your friend**. You are calling to the theatre's ticket office to make some clarifications. In a minute you are to ask five questions to find out the following:

- 1. availability of tickets for tonight's performance
- 2. price for two tickets
- 3. age restriction
- 4. location of the theatre
- 5. online booking

You have 20 seconds to ask each question



Start speaking



Question

5) online booking



Task 3. Imagine that while travelling during your holidays you took some photos. Choose one photo to present to your friend.

1



2



3



You will have to start speaking in 1.5 minutes and will speak for not more than 2 minutes (12-15 sentences). In your talk remember to speak about:

- · when and where the photo was taken
- · what/who is in the photo
- · what is happening
- · why you keep this photo in your album
- · why you decided to show the picture to your friend

You have to talk continuously, starting with: "I've chosen photo number..."



Start speaking



1



2



3



Click on the chosen photo

Photo 1

In your talk remember to speak about:

- when and where the photo was taken
- what/who is in the photo
- what is happening
- why you keep this photo in your album
- why you decided to show the picture to your friend



Start with: "I've chosen photo number..."



Photo 1

In your talk remember to speak about:

- when and where was the photo taken
- what/who is in the photo
- what is happening
- why you keep this photo in your album
- why you decided to show the picture to your friend



Start with: "I've chosen photo number..."



Photo 1

In your talk remember to speak about:

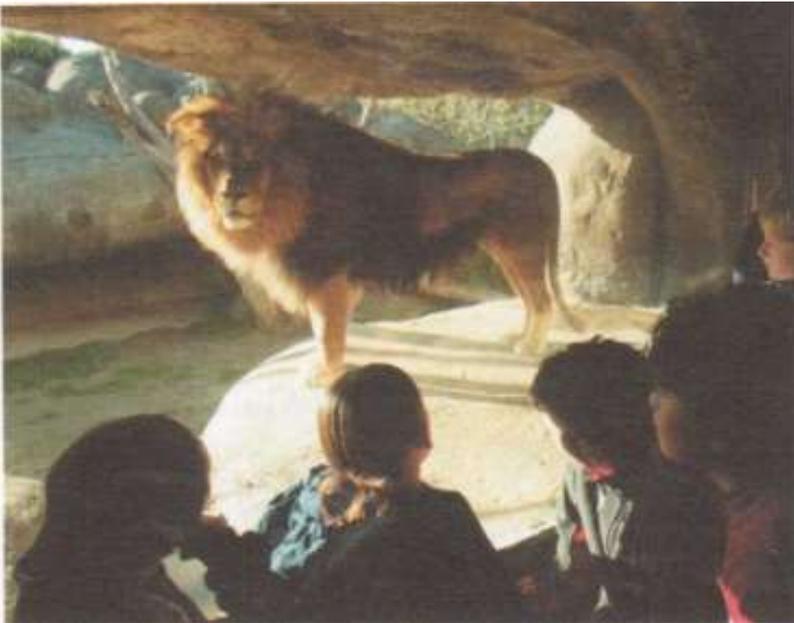
- when and where the photo was taken
- what/who is in the photo
- what is happening
- why you keep this photo in your album
- why you decided to show the picture to your friend



Start with: "I've chosen photo number..."

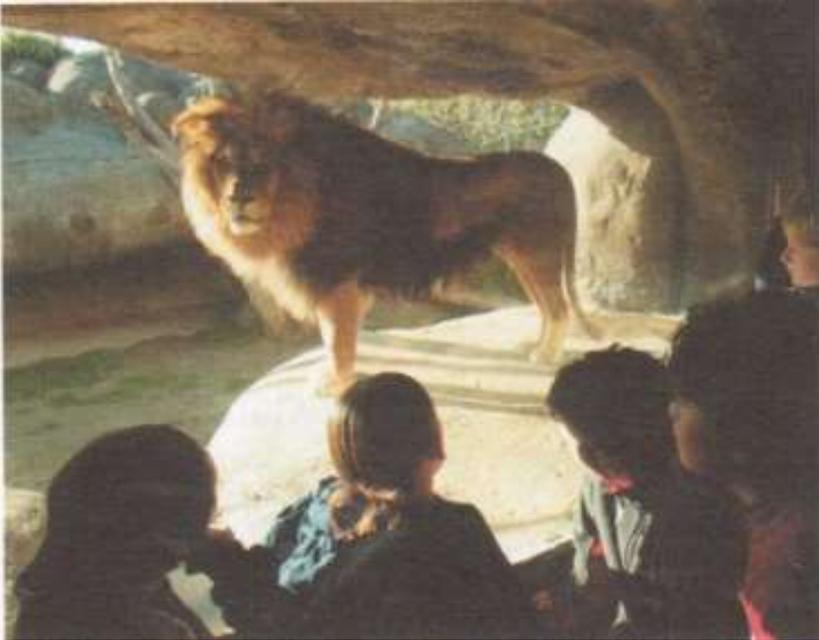


- **Task 4. Study the two photographs. In 1.5 minutes be ready to compare and contrast the photographs:**
 - give a brief description of the photos (action, location)
 - say what the pictures have in common
 - say in what way the pictures are different
 - say which way watching animals you'd prefer
 - explain why
- **You will speak for not more than 2 minutes (12-15 sentences). You have to talk continuously.**



Start speaking





- give a brief description of the photos (action, location)
- say what the pictures have in common
- say in what way the pictures are different
- say which way of watching animals you'd prefer
- explain why

You will speak for not more than 2 minutes (12-15 sentences)



The end of the test